



**We Serve**

# BED RACES

**VALLEYFEST PARADE  
FRIDAY, SEPTEMBER 20, 2019  
6:15 p.m.**

**ON SPRAGUE AVENUE  
(IN FRONT OF APPLEWAY FLORIST)**

## **BRING YOUR OWN BED**

**\$150.00**

- ◆ **YOUR BED & (5) TEAM MEMBERS IN COSTUME THEME**
- ◆ **INCLUDES AN ENTRY FEE, (5) T-SHIRTS & TEAM SPAGHETTI DINNER**

# OR

## **BED PROVIDED**

**\$175.00**

- ◆ **BED PROVIDED BY (SHP) "SLEEP IN HEAVENLY PEACE"**
- ◆ **THE BED AND (5) TEAM MEMBERS IN COSTUME THEME**
- ◆ **INCLUDES AN ENTRY FEE, (5) T-SHIRTS & TEAM SPAGHETTI DINNER**
- ◆ **BED IS RETURNED TO SHP, AND GIVEN TO A YOUNG CHILD IN NEED.**



- ◆ **Lion Clubs** are the largest service organization in the world meeting the needs of their local communities providing eye glasses, hearing aids, diabetes & health education, emergency aid and raising funds for local community support. As part of our fundraising effort, support for the nonprofit SHP (Sleep in Heavenly Peace), provides young children with beds who would otherwise not have one. Their motto is, "No kid sleeps on the floor in my town," and SHP supplies children with bunk beds, mattress, pillow and bedding.

**Liability Waiver.**

Release, & Indemnity Agreement: I agree to release, indemnify, and hold the Lions Club, ValleyFest, City of Spokane Valley, SHP, it's agents, officers and employees harmless from any and all liability claims, actions, judgments, damages or injuries of every kind and nature whatsoever to the participant and/or his property arising from participation in activities for which the participant is registering. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release, and Indemnity Agreement, and understand that I am waiving any claim I might have against the City for any harm sustained as a result of any activity for which I am registering a minor child. In case of an emergency I authorize permission for transportation to nearest and appropriate medical facility, and authorize emergency medical care if no one on this form can be reached. For publicity purposes I give permission to use any photos of people I am registering.

**Business/Team Name:** \_\_\_\_\_

**Business Address** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Contact E-Mail** \_\_\_\_\_

Team T-Shirt Sizes (Quantity): S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ XXXL \_\_\_\_\_

**Team Captain** - Participant Signature \_\_\_\_\_

Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Participant Signature:** \_\_\_\_\_

Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Participant Signature:** \_\_\_\_\_

Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Participant Signature:** \_\_\_\_\_

Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Participant Signature:** \_\_\_\_\_

Print Name \_\_\_\_\_ Date: \_\_\_\_\_

**RULES:**

For more information please contact the Liberty Lake Lions Club, Alene Lindstrand at (509) 869-7657 or Wendy Van Orman at (509) 220-1557 or [vanormanby5@aol.com](mailto:vanormanby5@aol.com).



1. The Bed Race consists of (5) members of the team; (4) members to dress in costume and push or pull the bed on wheels, (1) needs to dress in pajamas (provided) to ride on the bed.
2. You may decorate the twin size bed any way that represents your business or team theme. Keep in mind that ValleyFest is a family event.
3. Prizes given for: **Overall Winner, Best Bed Design and Best Team Spirit**
4. This is to be man powered only; no outside sources of motors may be utilized.
5. Start of the race to begin on Sprague between Gillis Rd & Moffit Rd.
6. During the half way mark, the participant on the bed changes pajamas with another on the team while a Rotational Fire Drill is performed by the other three members of the team.
7. First team back to the finish line wins heat. Overall winning team is determined by the best time.
8. Staging will be on Gillis Road at parking lot 5:45 pm.

◆ This Lion Club fundraiser is to raise funds for local community endeavors, part of the proceeds will benefit Sleep in Heavenly Peace, a nonprofit 501c3 that provides young children with beds who would otherwise not have one.

**REGISTRATION DEADLINE...postmarked by September 4, 2019. Please make checks payable to:**

**Liberty Lake Lions Club, PO Box 208, Liberty Lake, WA 99019**