



Valleyfest 2022

September 23-25, 2022

Contact: Peggy Doering – (509) 230-6829

For more information, visit <https://valleyfest.org>.

FOR IMMEDIATE RELEASE

## Valleyfest 2022

Valleyfest, Spokane Valley’s premier community festival, celebrates over three decades of bringing fun, entertainment, great food and a vibrant community spirit to Spokane Valley. **Valleyfest 2022 will be held on Friday, September 23 through Sunday, September 25 at Mirabeau Point Park, Plantes Ferry Sports Complex, and CenterPlace Regional Event Center in the Spokane Valley.** Live entertainment for the entire family, an opportunity to meet and have fun with friends, and recognize area youth for their talents.

### [Hearts of Gold Parade](#) - Friday, Sept. 23 at 7:30pm

The Hearts of Gold parade is a staple of Valleyfest and continues to recognize those in the Spokane Valley who give back to the community with their “hearts of gold.” Valleyfest recognizes the new leadership in the Spokane Valley schools. The Grand Marshals of the Valleyfest Parade are the following school superintendents:

Kyle Rydell West Valley School District

John Parker Central Valley School District

Brian Talbott East Valley School District

Come watch the wide variety of parade entries...over 120...including animals, custom and classic cars, floats, bands, clowns, Miss Spokane Valley Royalty, and more! The Parade takes place between North Gillis Road & Perrine Road on E Sprague in Spokane Valley.

P.O. Box 368 | Spokane Valley, WA 99037 | 509.922.3299

[Valleyfest.org](https://valleyfest.org) | [info@valleyfest.org](mailto:info@valleyfest.org) | 501 3(C) non-profit organization





**Valleyfest Vendor Booths - Saturday, Sept. 24, 10:30am to 6pm and Sunday, Sept. 25, 11am to 4pm**

Mirabeau Point Park, 13500 E Mirabeau Parkway, Spokane Valley

Over 200 vendor booth will connect businesses with tens of thousands of people and is an opportunity for the community to learn more information and enjoy the Spokane Valley community.

**Valleyfest Car Show – Saturday, Sept. 24 at 9am to 3:30pm**

CenterPlace Regional Event Center, 2426 N. Discovery Place, Spokane Valley. Flag Girl Competition- 1966 Le Mans Race Theme. Live music, beer garden, bbq and more! Registration fee: \$20 – Awards start at 3:30pm. Proceeds from the Valleyfest Car Show go to the Valleyfest Children’s Foundation to provide scholarship for qualified students.

**STEAM Showcase - Saturday, Sept. 24 from 12pm to 5pm**

CenterPlace Regional Event Center, 2426 N. Discovery Place, Spokane, Valley

Valleyfest entices families to engage in STEAM (science, technology, engineering, art, and math) experiences in the Great Room at CenterPlace Regional Event Center. Join the community as we gather businesses, schools, and lots of STEAM students.

**Multicultural Festival - Sunday, September 25, 11am to 6pm**

CenterPlace Regional Event Center, West Lawn Plaza – 2426 Discovery Pl, Spokane Valley

Valleyfest’s Multicultural Festival is a great opportunity for the community to share diverse businesses, performances, cultural information, and more with the rest of the Spokane Valley community. The Multicultural Event is designed to celebrate and share our diverse rich cultures and heritages with our neighbors through dance, art, music, fashion, food and business.

**Multi-Sports Day - Sunday, September 25**

Multi-Sport Day and includes a wide variety of physical activities for people of all abilities. The selections include a 5K run, a 10K run, a duathlon, a triathlon and a free family bike ride. Grab your running shoes, your bikes and your kayaks and get ready to have some fun on the scenic Centennial Trail and Spokane River. Registration information for each event is available at [www.valleyfest.org](http://www.valleyfest.org).



### **5K/10K Run**

The annual 5K/10K runs starts and finishes at the Plantes Ferry Sport Complex west parking lot picnic shelter at 12308 E. Upriver Drive at 8 a.m. It's a timed race on the Centennial Trail and both distances are Bloomsday second seed qualifiers. Registration is open through Sept. 20 and costs \$25 for the 5K and \$30 for the 10K. Each early registrant will get a goodie bag and a t-shirt.

### **Duathlon**

Another test of your sports mettle! The timed duathlon is for athletes who can run 5K, hop on their bicycles for 11 miles and then run for another 5K. Sound easy? Individuals register for \$30 and teams of two for \$50. Each participant gets a goodie bag and those who register before Sept. 20 will get a t-shirt. The course begins at the Plantes Ferry Sports Complex west parking lot at 12308 E. Upriver Drive at 8am.

### **Triathlon**

Combine 1.5 miles on a boat with an 11-mile bike ride and a three-mile run on this route that will test your stamina on the scenic Spokane River and the Centennial Trail. It begins at 8am at the South Centennial Trail trailhead across from the CenterPlace Regional Event Center, 2426 N. Discovery Place. The kayak/canoe course ends at the Plantes Ferry Sports Complex, so plan to have your bike there. The entry fee is \$40 per person, \$55 for a team of two, \$70 for a team of three or \$95 for a team of four. Those who register by Sept. 20 will receive a t-shirt.

*The Valleyfest mission is to produce community driven, safe, family oriented, visually dramatic festivals. Valleyfest exposes the talent that enrich the Spokane Valley region and celebrates the visual and performing arts, education, science, and recreation so the entire community can experience them.*

**For more information, visit <https://valleyfest.org>.**